

Celebrate & Energize!

A Workshop for Women

CELEBRATE LIFE, LOVE, AND GRATITUDE
CELEBRATE THE EXPERIENCE YOU'VE GAINED
ENERGIZE YOUR NEXT STEP(S) LIFE INTENTION



Get Easy, Powerful Tools to

ADD PLAYFULNESS TO ALL AREAS OF YOUR LIFE

CONNECT TO THE WISDOM OF YOUR HEART AND BODY

MAKE A PERSONAL SYMBOL FOR SETTING LIFE INTENTIONS

CREATE CELEBRATIONS THAT EMPOWER YOUR LIFE AND SPIRIT

Saturday, April 25th

9AM CONNECT, 9:30AM-3:30PM SESSION

TUITION \$60 (ONLY \$55 BEFORE APRIL 15TH)

IVY ARTS BLDG, SUITE 201, 2637 - 27TH AVE SO, MINNEAPOLIS

WEAR COMFORTABLE CLOTHING AND BRING YOUR OWN BAG LUNCH



Contact Your Workshop Leaders for Registration & More Information:

CHERYL HILTIBRAN, M.ED.

CHERYL IS A NATURAL INTUITIVE AND A POWERFUL ENERGY HEALER PASSIONATE ABOUT ASSISTING "TRAILBLAZER" CLIENTS TO THEIR ULTIMATE POTENTIAL WITH HER FUN, UNIQUE, PERSONALIZED APPROACH; SHE HELPS THEM BRING THEIR BEST TALENTS TO CONSCIOUSNESS AND TO FRUITION. AN ACCELERATED LEARNING AND HUMAN DEVELOPMENT EXPERT SINCE 1992, SHE HAS FACILITATED LEARNING, CREATIVITY, AND MEMORY SKILLS FOR THOUSANDS OF PEOPLE. CHERYL IS A DYNAMIC GROUP FACILITATOR AND TEAM BUILDER.

CHERYL@GOINGGENIUS.COM

952-486-1298

LYNNE JENSEN, M.A.

LYNNE IS A CERTIFIED LIFE COACH WITH THE INSTITUTE OF HEARTMATH AND ALSO THE OWNER OF BALANCED LIFE SOLUTIONS, LLC. SHE SPECIALIZES IN FACILITATING PEOPLE TO MAKE AUTHENTIC CHOICES BY ACCESSING THE WISDOM, CREATIVITY, EFFICIENCY, AND CLARITY OF THEIR HEART INTELLIGENCE, WHICH ENGAGES BOTH MENTAL AND EMOTIONAL INTELLIGENCE—THE SOURCE OF INTUITIVE WISDOM AND CLEAR PERCEPTIONS THAT CAN BE ACCESSED WITH PRACTICE EVEN IN THE MIDST OF CHAOS.

LYNNE.JENSEN@

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763-545-7357

SPRUCE KRAUSE M.A.,
COUNSELING PSYCHOLOGY

SPRUCE IS A REIKI MASTER TEACHER, A CERTIFIED LAUGHTER YOGA AND INTERPLAY LEADER, AND MASSAGE THERAPIST WHO ALSO OFFERS LIFE AND CAREER COACHING AND COUNSELING. SPRUCE HAS MORE THAN 20 YEARS OF EXPERIENCE SUPPORTING INDIVIDUALS AND GROUPS IN BODY/MIND HEALING AND PERSONAL TRANSFORMATION WITH A PLAYFUL TOUCH.

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